



ACCOMMODATION COSTS

MIDWEEK ONLY RATES subject to change at anytime

**MONDAY – THURSDAY per person per night
INCLUDES GST**

- **\$25** Including linen – sheet, doona, pillow
- Towels can be hired for **\$2** each or guests bring along their own

MEAL COSTS

These are daily rates on a per person price. Other options are available. These are all catered options except the pizza night.

Nelson Breakfast \$6pp

- Selection of cereals & milk
- White and wholemeal Toast with a Selection of spreads and margarine
- Selection of juices and milo milk
- (Tea, coffee, sugar and milk for staff only)

The Retreat Breakfast \$13pp

- Eggs, Bacon, Sausages, Tomatoes
- Fresh fruit selection
- Selection of cereals & milk
- White and wholemeal Toast with a Selection of spreads and margarine
- Selection of juices and milo milk
- (Tea, coffee, sugar and milk for staff only)



Lunch - \$12pp

The Student self assemble day pack

This option is a great way to get the students to assemble their own lunch kits for the day. The following is supplied for the students to choose what they would like for their morning tea, lunch and afternoon tea.

Students are given a bag to fill and write their names on bag. Eskies are provided to keep food cool during the day.

Staff and teachers get a special day kit of tea, coffee and biscuits to get you through the day. Lunches are pre-ordered and made for the staff and teachers. This is at the same rate.

- **White and wholemeal bread + margarine spread**
- **Selection of cold meats – shaved ham, chicken roll, Devon**
- **Lettuce, tomato, cucumber, cheese**
- **Mayonnaise**
- **Vegemite, Nutella, jam, honey**

- **1 x Muesli Bar or fruit bar**
- **1 x box sultana's or yoghurt**
- **1 x bag or chips or popcorn**
- **1 x mini chocolate**
- **1 x piece of fruit (seasonal)**
- **1 x cheese & biscuits**

- **1 x bottled water**
- **2 x fruit poppers**



the retreat
Port Stephens

Sandwiches / wrap platters \$10pp

- Selection of sandwiches and / or wraps
- Fresh fruit platter
- Soft Drink and water
- Tea, coffee, sugar and milk

Morning & Afternoon tea \$4pp

- Tea, coffee, sugar and milk
- Selection of biscuits
- Additional cost of \$4pp you can have a selection of fresh pastries, muffins, cakes and a fresh fruit platter.

✓ **Any of the below dinner options can also be used a Lunch options.**

✓ **If you have a specific meal that you would prefer then please ask for a quote for this option.**

✓ **We will also need to be informed if there is any food allergy or special dietary requirements.**



All dinner meals are served buffet style.

Bagnalls Dinner Pack \$12pp

Students assemble their own burger creations

- Hamburger patties
- Onion
- Burger buns
- Butter
- Lettuce
- Tomato
- Beetroot
- Sliced cheese
- Tomato & BBQ sauces
- Water
- Soft drink
- Ice-cream cone or iceblock

Gan Gan Dinner Pack \$9 pp

- 2 Sausages
- 2 Bread rolls
- butter
- Onion
- Lettuce, tomato & cheese
- Tomato & BBQ sauces
- Water
- Soft drink
- Ice cream cone or ice block



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Pizza Dinner Pack \$10 pp

- Variety of pizza's to choose from delivered freshly baked.
- Garlic Bread
- Water
- Soft drink
- Garden salad
- Ice cream cone or ice block

Pasta Dinner Pack \$18 pp

- Spaghetti Bolognese or Napoli Penne
- Dinner roll and butter
- Water
- Soft drink
- Garden salad
- Ice cream cone or ice block

Dutchman Dinner Pack \$25 pp

- Steak
- Chicken kebab
- 2 x sausages
- dinner roll and butter
- Onion
- Tomato & BBQ sauces
- Potato salad
- Garden salad
- Water
- Soft drink
- Ice cream cone or ice block